#### Phoning Home: Keeping in Touch in Social Networks

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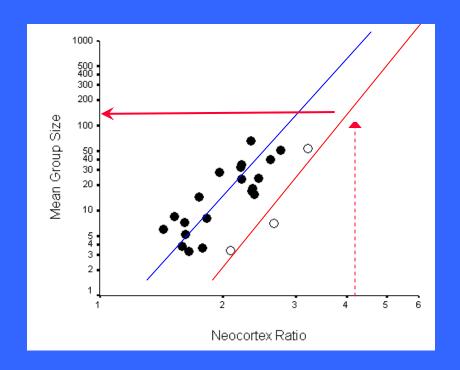




#### The Social Brain Hypothesis

Primates have big brains because they live in a complex social world

 Predicted group size for humans is ~150



[Dunbar's Number]

#### Human Social Networks

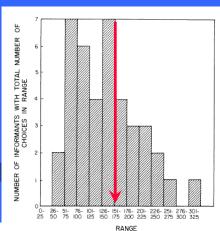
#### These all have mean sizes of 100-200

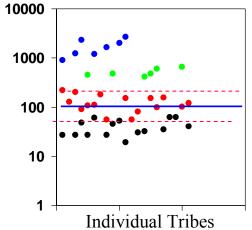
Neolithic villages 6500 BC 150-200 military units (company) (N=10) 180 \* Hutterite communities (N=51) 107 Nebraska Amish parishes (N=8) 113 business organisation < 200 ideal church congregations < 200 Doomsday Book villages 150 C18th English villages 160 \* GoreTex Inc's structure 150 Research sub-disciplines (N=13) 100-200

Small world experiments (N=2) 134 Hunter-Gatherer communities 148 Xmas card networks 154



Killworth et al (1984)



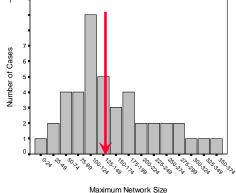


#### **Hunter-Gatherer Societies**

**Dunbar** (1993)

Xmas Card Networks

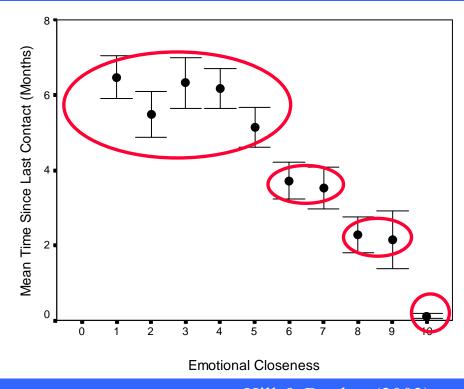
Hill & Dunbar (2003)



#### Intimacy, Frequency and Trust

 Relationship between frequency of contact and intimacy

Trust and obligation seem to be important



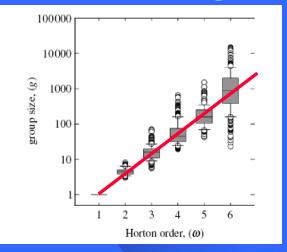
Hill & Dunbar (2003)

### The Fractal Periodicity of Human Group Sizes

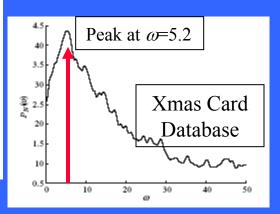
# Peak at ω=5.4 Social Groupings Database [N=60] 4 2 0 5 10 15 20 25 30 35 40

#### Scaling ratio = $\exp(2\pi/\omega)$ = 3.2 and 3.3

#### **Horton Order Analysis of Hunter-Gatherer Group Sizes**



Hamilton et al (2007)



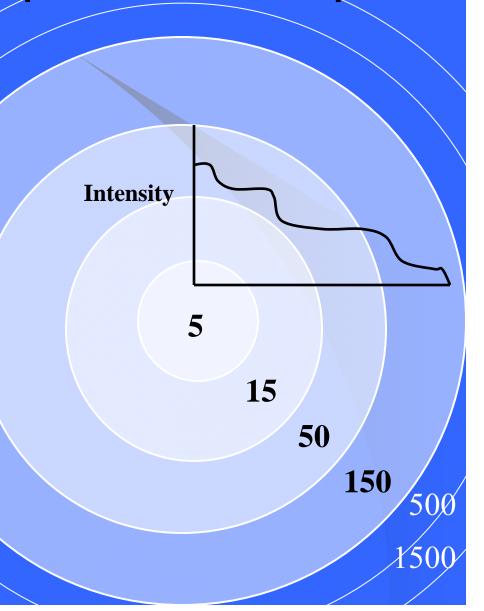
Zhou, Sornette, Hill & Dunbar (2005)

#### The Circles of Acquaintanceship

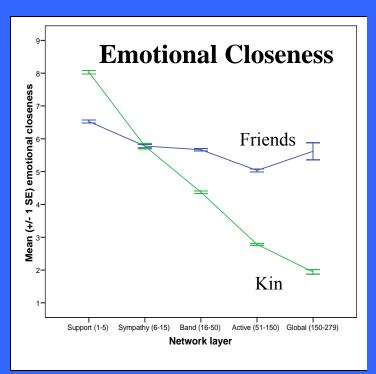
• A hierarchically inclusive series of levels of acquaintanceship

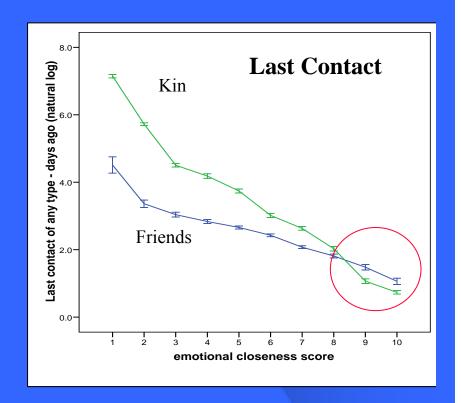
• Levels reflect familiarity and emotional closeness

• The boundary at 150 seems to demarcate personalised relationships



# Networks Are NOT Homogenous

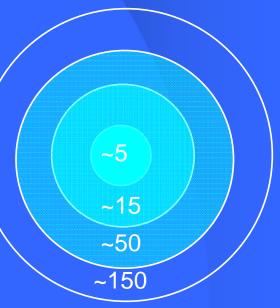




Kinship is robust....
Friends we have to work at

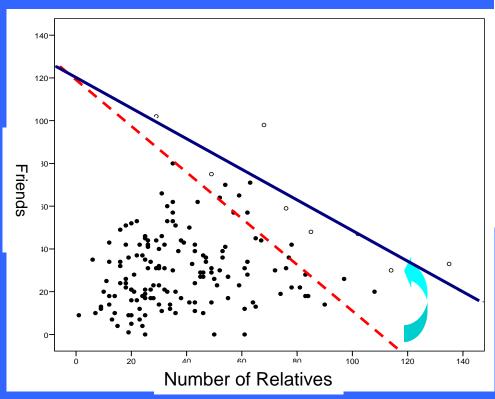
Friendships are fragile.
....Kinship is robust
[We put up with them even though we don't particularly like them]

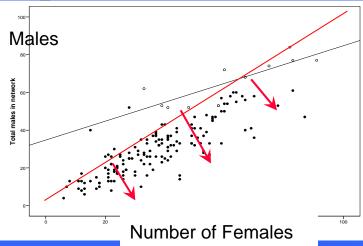
Roberts & Dunbar (2010)



#### Structural Biases in Networks

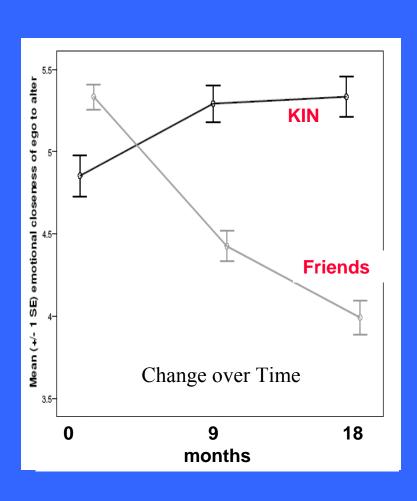
#### **Females' Networks**

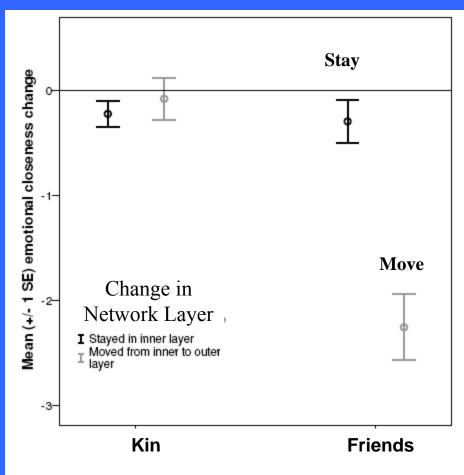




- Kin are given preference in the network [individuals from large families have fewer friends]
- Strong same-sex preferences

#### Stable Family, Fragile Friends





#### How Bonding Works

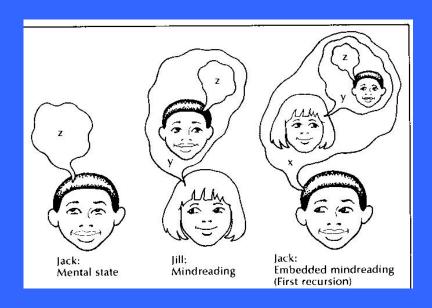
Bonding is a dual-process mechanism

An emotionally intense component[= grooming]

➤ A cognitive component
[= cognition → brain size]



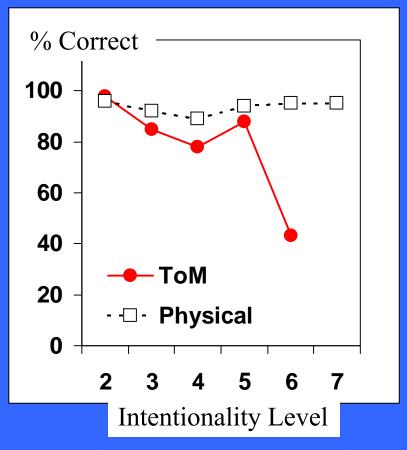
#### The Limits to Intentionality...



A natural limit at 5<sup>th</sup> order intentionality:

"I <u>intend</u> that you <u>believe</u> that Fred understands that we want him to be willing to [do something]..."

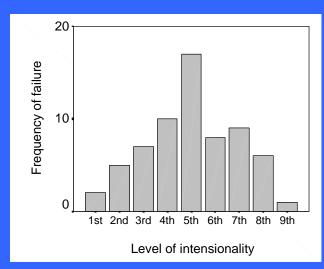
[level 5]

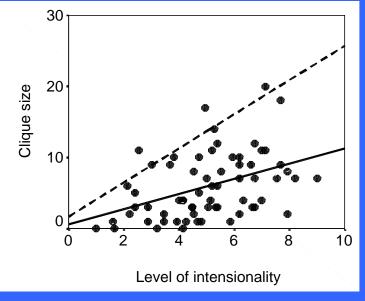


Kinderman, Dunbar & Bentall (1998)

#### Cognitive Limits to Sociality?

- Achievable intentionality level indexed from stories
- 5<sup>th</sup> order seems to be the limit
- Intentionality correlates with clique size
- We now have two neuroimaging studies to support this



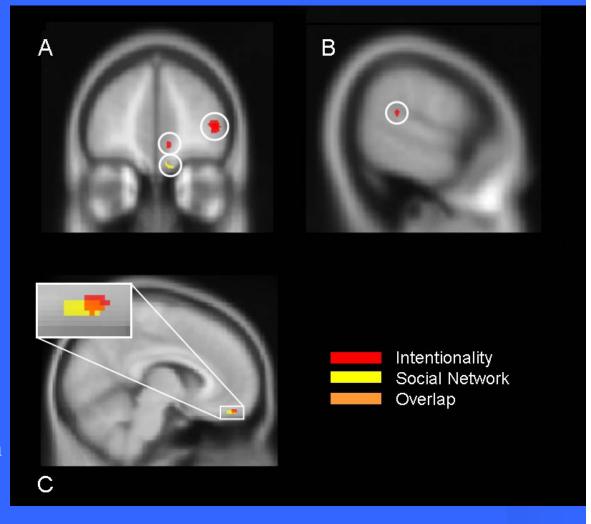


[Stiller & Dunbar 2007]

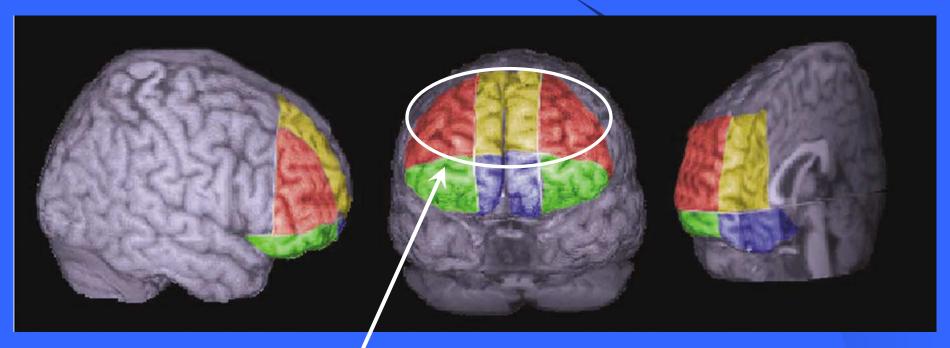
### Firing up the Brain

Significant contrasts
[mentalising > memory]
with a parametric effect of
intentionality level

- ➤ 4 core regions involved in mentalising:
  - dorsal medial PFC
  - ventro-medial PFC
  - Rt frontal pole
  - temporal-parietal junction



#### How Many Friends Do You Have?

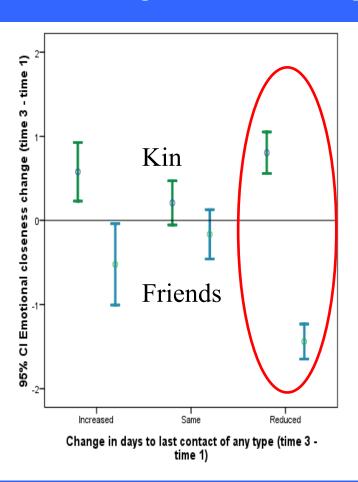


Powell, Lewis, Dunbar, Garcia-Finana & Roberts (in prep)

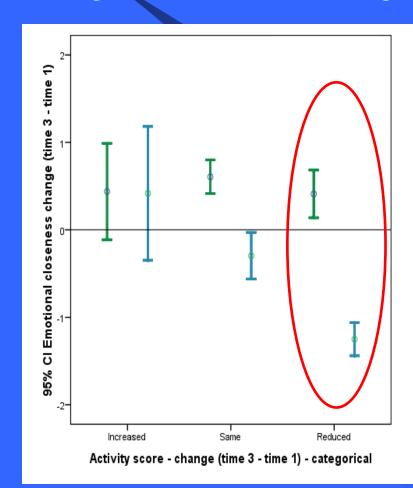
- A stereological analysis of gross volume
- Best predictor is Dorsal PFC volume

#### How to Prevent Decay

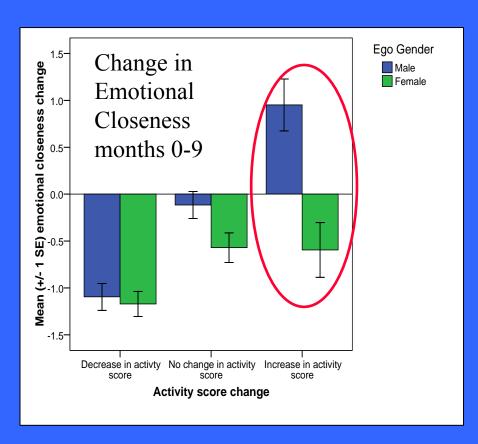
#### Change in contact frequency

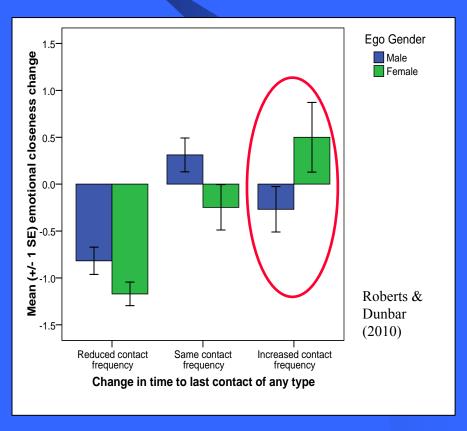


#### Change in activities done together



# A Sex Difference in How Relationships are Serviced?



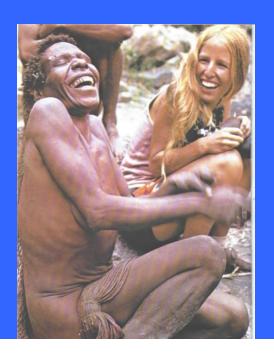


by change in activity score

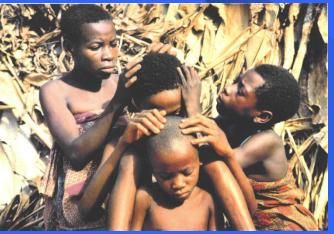
by change in contact frequency

# Is Physical Interaction Critical....?

A touch is worth a thousand words....







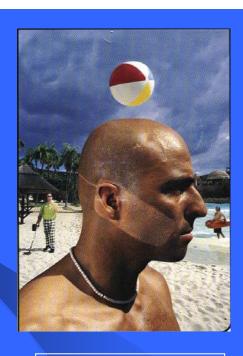
We underestimate the importance of physical contact

Laughter as "touch at a distance"

## Lessons for Networking Technology?



- Constraint may be internal rather than technical
- Three key issues:
  - ➤ Why do people want to contact each other?
  - > Are all contacts really equal?
  - Can technology ever replace face-to-face interaction?



- Texting:

  averaging

  120 texts per

  day to just 2

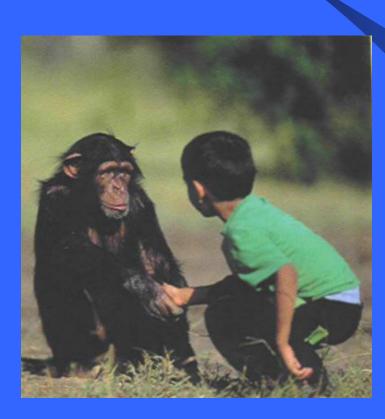
  people
- Technology:
  may slow
  relationship
  decay rate,
  but be poor
  for creating
  new ones

#### Conclusions

- There are cognitive constraints on sociality
- Human social groupings are structured in discrete layers
- Does Cognition or Time (or both) limit network size and structure?
- Implications for the structure of organisations?
- And....
  - will cognition limit electronic networks?
  - can technology help us to overcome this?

#### With Thanks to....

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